

# The Jewish Post & Opinion • Indiana Edition

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[www.jewishpostopinion.com](http://www.jewishpostopinion.com)

## Hasten Hebrew Academy's HAI-Life Dinner

(see About the Cover, p.3.)



(L-R) Senator Richard Lugar with Rabbi Benjamin Sendrow.



Distinguished Teacher Award recipient, Mrs. Dawn Bick (above center) with many current and former Hasten Hebrew Academy faculty.



(left) The Hasten Hebrew Academy class of 2012 (see page 2).

Photos by Scott Romer Photography.



Drs. Pierre and Debra Luffer Atlas (above left) receive their HAI-Life Distinguished Service Award presented by (L-R) Amanda and Miles Siegel, and HHA Board president, Monica Rosenfeld.

(L-R) Simona and Hart Hasten with Sandi Marks.



(L-R) Darene Weatherlow, HHA principal Miriam Gettinger and Monica Rosenfeld.



HHA elementary school students, led by Rabbi Tzuriel Gluck, perform a song.



# Simcha Announcements

*Mazel Tov to...*

The Hasten Hebrew Academy class of 2012 (L-R below): Rebecca Fogel, Galit Farahan, Robin Serrat, Evelin Arriaza, Isabelle Shevitz, and Haviva Landis. ★



**Judy Sosin**, who is stepping down after 34 years of dedicated service at the Arthur M. Glick Jewish Community Center. She started in 1978 working part-time in public relations. In 1982 she became membership coordinator and was promoted to communications director two years later. In 1990 she was promoted again to Assistant Director of the JCC. She was a stabilizing influence at the JCC for all those years and will be sorely missed. ★

**Bob Careskey**, who celebrated his 93 birthday May 15, 2012. Also, he and wife Shirley attended the wedding of their granddaughter in Boston on Memorial Day weekend. More on that later. ★

**Rabbi Sandy Sasso**, who will be honored by Girls, Inc. of Greater Indianapolis as one of four women honored at the 2012 Touchstone Awards luncheon on Thurs., July 12 at the JW Marriott. This annual award recognizes "strong, smart and bold women" who are lighting the way for girls. Girls, Inc. reaches more than 4,100 girls each year with hands-on, experiential programs that empower girls to be confident, prepared for their futures, and ready to take their places in the world. ★

**Sgt. Naomi Arriaza** (below right with her husband, Alejandro, and daughter, Evelin – HHAI 2012 graduate), on receiving the Army Commendation Medal for heroism and meritorious service during her deployment to Iraq and Kuwait. ★



Naomi Arriaza (l) receives her Army Commendation Medal for heroism and meritorious service.



Izzy and Gracie Cohen (l-r), son and daughter of Jeff and Jennifer Cohen, had a ball at Orchard in Bloom in Holliday Park the weekend of April 27--29.



Bill Simmons (l) as Eric Weiss and Catharine Du Bois (r) as Nina, wife of Eric Weiss in rehearsal for Brooklyn Boy, presented by The Jewish Theater of Bloomington, Indiana's only Jewish theatre, playing June 9, 10, 14, and 16. Photo credit: Audrey Heller. (Read more at [http://www.jewishpostopinion.com/JewishPost/JPO-IN\\_5-9-12.pdf](http://www.jewishpostopinion.com/JewishPost/JPO-IN_5-9-12.pdf), page 7.)

**Simchas Welcome!** Had a recent joyous occasion in your family or Jewish organization? Submit photos and text to: [jpostopinion@gmail.com](mailto:jpostopinion@gmail.com). **Next Deadline: June 29, 2012.** All decisions on publishing, date of placement, size of photo, and length of announcement are at the sole discretion of the publisher.



# Editorial

Since this Indiana issue and the next National issue have a Wellness/Healing theme, I am reprinting my editorial from Aug. 6, 2004. Although it might not cause a physical cure, if one makes an effort toward achieving the 12 principles below, (i.e. forgiving, loving, letting go of fear, living in the present moment), surely one will see improvement in his or her emotional, mental and spiritual health.

When I lived in San Francisco, I met a woman who worked at the Center for Attitudinal Healing in Tiburon, located just across the Golden Gate Bridge. She was one of the most cheerful people I have ever met, yet just a few years earlier, she lost both of her children to cancer before they were teenagers.

She had gained strength from going through an extremely challenging situation and to the benefit of all the families who came to the Center, she choose to use that wisdom to help others cope with similar circumstances.

The Center for Attitudinal Healing offers support services to all those touched by catastrophic illness as well as training for those who wish to apply attitudinal healing in their lives and to make it available to others.

The Attitudinal Healing program is designed to supplement traditional health care, and operates under the premise that healing has a spiritual and emotional component that must be addressed. Since it's inception in 1977, the Center has provided services free of charge to all who wish to participate in its groups.

The Center was started by Gerald G. Jampolsky, a Jewish physician and author who had cancer patients in his care, but did not know what to say to young, terminally ill patients and their families. At the time I visited in 1989, there were over 100 Centers around the country and a few overseas.

## The Principles of Attitudinal Healing

1. The essence of our being is love.
2. Health is inner peace. Healing is letting go of fear.
3. Giving and receiving are the same.
4. We can let go of the past and of the future.
5. Now is the only time there is and each instant is for giving.
6. We can learn to love ourselves and others by forgiving rather than judging.
7. We can become love finders rather than fault finders.
8. We can choose and direct ourselves to be peaceful inside regardless of what is

# Chassidic Rabbi

BY RABBI BENZION COHEN

Today I'll tell you a story from the geriatric ward of our local hospital.

For the last 20 years I've been visiting hospitals regularly. However, I started to go to the geriatrics area only a year ago. Of course it is a great *Mitzvah* to honor and learn from the elders, but I was busy doing other *Mitzvahs*, and the geriatric ward is also a bit off to the side. One day a fellow volunteer told me about two men there who wanted to put on *tefillin*. They have been religious all of their lives, and had put on *tefillin* regularly for 60 or 70 years, since their *bar mitzvah*. Now they were in the hospital after a stroke and couldn't put *tefillin* on by themselves.

The next day I went and helped them to put on *tefillin*. They were very grateful, and since then I visit geriatrics regularly. Gradually I got to know the staff and the patients. Soon five of them were putting on *tefillin* every day, then ten, then 15 and now I have 20 regular customers (see Benzion, page 6)

## About the Cover

**HAI-Life Dinner was beautiful and meaningful event**

On Sunday evening, May 20, Drs. Pierre and Debra Luffer Atlas were honored with the HAI-Life Distinguished Service Award at the 41st annual Hasten Hebrew Academy's HAI-Life Dinner. Also honored, with the Distinguished Teacher Award, was science teacher Mrs. Dawn Bick. Mrs. Darene Weatherlow, fifth grade teacher who is moving out of town, was also recognized, as was the eighth grade graduating class. The special guest speaker was Indiana Senator Richard Lugar. Rabbi Benjamin Sendrow of Congregation Shaarey Tefilla was the master of ceremonies for the evening.

Enjoy the photos on the cover, and to see all the pictures from the event, go to <https://vando.imagequix.com/gallery.html?id=B9THM9A&eventid=1076-5330-0005#images>. Or, you can go to [www.scottromerphoto.com/events](http://www.scottromerphoto.com/events). ★

happening outside.

9. We are students and teachers to each other.
10. We can focus on the whole of life rather than the fragments.
11. Since love is eternal, death need not be viewed as fearful.
12. We can always perceive ourselves

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*The Jewish*  
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## CHIEF EXECUTIVE OFFICER OPPORTUNITY

The Jewish Federation of Greater Toledo seeks an energetic professional leader for this closely knit Jewish community in Northwest Ohio. With a stable leadership and sound financial base, we seek a new executive who has the vision and drive to take the organization to the next level.

This individual should:

- Manage all organizational aspects of a complex and sophisticated Federation with an annual budget of \$ 2.9 million, which includes agencies and departments that offer programs and services
- Work with a Board, manage staff, and inspire volunteer leadership
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- Be an articulate spokesperson for the Jewish community
- Collaborate with organizational partners in the Jewish and general communities

Qualifications include a bachelor's degree or advanced degree preferred with several years' progressively responsible experience in a Jewish community or transferable management setting.

For more information or to apply, please contact Richard Greenblatt, Search Committee Chair, at [greenblatt@bex.net](mailto:greenblatt@bex.net).

and others as either extending love or giving a call for help.

Jennie Cohen, June 6, 2012 ★

## Community Events

### Congregation Beth Shalom

*Erev Shabbat* services **Fri., June 8, 2012**, 6:30 p.m. Rabbi Ron Klotz who is retired from Goldman Union Camp Institute and currently is the associate director of Hillel at Indiana University will lead services. Song leaders are Dan Lande and Hannah Farahan. Services will be held at University High School in Carmel, Ind.

### YLD of JFGI

Young Leadership Division of Jewish Federation of Greater Indianapolis will have a summer kick-off event on **Sat., June 9** in Broad Ripple at Rock Lobster at 9 p.m. Get into the summer spirit with other young Jewish professionals, drinks and music for a Jews Night Out. Your first drink is on us if you arrive by 10:00 p.m. Must be 21+ to attend.

### JCRC annual meeting

**Mon, June 11** at 7 p.m. at Congregation Beth-El Zedeck, The Jewish Community Relations Council will hold their annual meeting. It will feature Governor Mitch Daniels speaking on "Reflections on a Governor's Trip to Israel." The David M. Cook Award will go to Shelby Anderson and Bonnie Prystowsky. A dessert reception will follow.

### JFGI annual meeting

On **Wed., June 13** at 7 p.m., in the Laikin Auditorium of the JCC, speakers will be outgoing president David Gabovitch, incoming president Paul Kraft. Also scheduled is an award ceremony.

### JCC annual meeting

On **Thurs., June 14** at 6:30 p.m. in the Laikin Auditorium, there will be an award ceremony, recognition of outgoing members, board elections, and a dessert reception.

### Community Ladies Night

"The Power of Women: Renewing Ourselves" will be the topic of a photo-art exhibit presentation with world-renowned lecturer and Houston-based photographic artist Ms. Janice Rubin on **Sun., June 20** at 7 p.m. at Etz Chaim. Refreshments served. Please RSVP by June 10 to Ann Calderon 317-251-6054 or [rabbietzchaimindy.org](mailto:rabbietzchaimindy.org).

### Wine and an elegant meal by Chef Joseph Heidenreich

Join Chef Joseph Heidenreich of Chef Joseph's Connoisseur Room **Sat., June 23**, 7:30–9:30 p.m., \$75/\$65 members, doors open at 7, dinner served promptly at 7:30.

We are offering a truly exceptional menu served in a white tablecloth atmosphere. Five courses, each complemented by a carefully chosen wine. At the end of the evening you will have the opportunity to purchase wine.

Chef Joseph's Connoisseur Room was recent named by *Indianapolis Monthly* as one Indianapolis's top ten new restaurants, was a *Nuvo* top choice and received an outstanding 94% approval rating on Yelp. Limited to 80 people. Please register by June 15. For more info contact Larry Rothenberg at [lrothenberg@jccindy.org](mailto:lrothenberg@jccindy.org) or call 317-715-9233. *Note: Food will not be prepared or served under rabbinic supervision. It will be "Kosher style."*

### 5th annual Indianapolis Kids Triathlon

**Sun., June 24** at the Arthur M Glick JCC starting at 9 a.m. Registration: Online at [www.active.com](http://www.active.com), [www.jccindy.org](http://www.jccindy.org), or at a membership desk at the Arthur M. Glick JCC, 6701 Hoover Road, Indianapolis.

### Unattached Jewish adults

Come visit with old friends and make some new ones over lunch on **Sun., June 24** at 12:30 p.m. at Hotcakes Emporium located at 8555 N. Ditch Rd., south of 86th Street on the east side of Ditch Rd. For more info email: [jpostopinion@gmail.com](mailto:jpostopinion@gmail.com).

### A Community Event at Etz Chaim

"Seeing the Meaning and Overcoming the Challenges in our Lives" will be the topic of a speech with Rabbi Lazar Brody on **Mon., June 25** at 7 p.m. Please RSVP to Ann Calderon 317-2516054 or [rabbietzchaimindy.org](mailto:rabbietzchaimindy.org). The time for Emunah has come.

### Jewish Lawyers

Jewish Lawyers Group meets for lunch on the **fourth Wednesday of each month**. The next meeting is **June 27** at Shapiro's downtown at 12:15 p.m. Presently, the group's leaders are Irwin

Levin, Zeff Weiss and Elliot Levin. For more information contact Elliot at [edl@rubin-levin.net](mailto:edl@rubin-levin.net).

### Win a Free Ticket to Israel

On **Sun., July 22** at 7 p.m. at the JCC join our Western Galilee Partnership Drum Circle with the Bongo Boys. Our beat + Their beat = One beat.

### Interfaith Iftar dinner

On **Aug. 12** join Indianapolis Hebrew Congregation, St. Luke's United Methodist Church, Second Presbyterian, and Congregation Beth El Zedeck in sponsoring the fourth annual Iftar dinner for our Muslim neighbors. For Muslims, the Iftar dinner breaks the daily fast during the month of Ramadan.

### JCC Business Network

The next meeting will be on **Aug. 22** at 6:30 p.m. at the Arthur M Glick JCC, 6701 Hoover Rd. RSVP to Larry Rothenberg [lrothenberg@jccindy.org](mailto:lrothenberg@jccindy.org) or call 317-715-9233.

### A health and art fair

**Sun., Jan. 13, 2013** – a health & art fair titled "*L'Chaim: Arts and Wellness for Better Living*" will be held at Indianapolis Hebrew Congregation.

### Jewish Bereavement Group

The Albert & Sara Reuben Senior and Community Resource Center began a bereavement group in partnership with Community Home Health Services, a part of the Community Health Network. This bereavement group, which has a Jewish perspective and is facilitated by Rabbi Bruce Pfeffer, is open to all. For information regarding meeting times please contact Julie Sondhelm at 317-259-6822 x6. ★



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## Wellness: A whole body approach at the Arthur M. Glick JCC

For almost 100 years, the JCC has served millions of children and families in the Indianapolis community with first-class facilities and programs. The JCC's holistic approach to wellness – for the body, for the mind, for the spirit – is supported by industry research demonstrating that multi-disciplinary activities and programs may be the most effective way to ensure that people retain optimum health and that the next generation will mature into healthy adults with healthy lifestyles.

The JCC offers many programs and opportunities for children and adults to stay active so that people can explore different ways to exercise. Physical activity mitigates the primary factors contributing to the epidemic of obesity. These factors include busy lifestyles, high stress levels and too much sedentary time at work and home. Studies demonstrate that if a person – adult or child – enjoys a physical activity, he or she is more likely to commit to doing it on a regular basis. The intentional diversity of JCC programming allows for individuals to find those physical activities that best suit their interests and physical abilities.

JCC fitness programs include:

Zumba, Kettlebell and Bootcamp classes – all open to the public.

Pilates Reformer sessions, dance classes, tennis lessons, basketball and soccer leagues – all open to the public.

The JCC's annual Kids Triathlon encourages youth to participate in 3 sports – swimming, cycling and running – and attracts children from all over the state.

JCC members enjoy group exercise classes, including yoga, BodyPump®,

## Water skiing clinic for physically disabled

Rehabilitation Hospital of Indiana (RHI) is hosting its annual adaptive water skiing clinic for individuals with physical disabilities!

Over 50 individuals, youth and adult, will partake in a once in lifetime experience June 6 and 7 on Morse Reservoir at Red Bridge State Park located at 697 West Jackson St., Cicero, IN 46034. They will get the opportunity to experience the thrill of water skiing! For 16 years now, RHI Sports has held an annual adaptive water ski clinic for individuals with physical disabilities. These disabilities range from spinal cord injuries, amputations, traumatic brain injuries, neuromuscular diseases, and many others.



indoor cycling and water exercise classes.

Maintaining an optimum lifestyle requires healthy eating habits, especially making the right food selections. JCC nutrition counselors offer members and non-members counseling sessions to help individuals and families eat well for life.

Other studies reveal that belonging to a community is one of the most beneficial factors in a person's health. The JCC fosters community with many members now on their 3rd and 4th generation of membership; with neighbors reacquainting at the JCC; and with people building relationships as they see one another regularly in classes and programs. Some of these opportunities occur in our adult enrichment programs that encourage lifelong learning, and at our performances, gallery openings and lectures where people enjoy cultural events.

The JCC's physical, educational, recreational, social and cultural programming have all been created to support the health of the whole person in body, mind and spirit. ★



Skiers will get a chance to participate from 9am to 5pm each day (weather permitting). The clinic is made possible by tons of volunteer help and specialized adaptive equipment, including surfboard size adaptive skis, size adjustable cages to allow sitting on the ski, and a hands free system so all participants can enjoy their experience.

Through this experience, individuals are able to gain self-confidence, grow their feeling of independence, and participate in an event they will talk about the rest of their life.



Rehabilitation Hospital of Indiana Sports Program (RHISP) is an independent, self-funded program under the 501(c)(3) non-profit organization of the Rehabilitation Hospital of Indiana Foundation. Rehabilitation Hospital of Indiana (RHI) is a joint venture between IU Health System and St. Vincent Hospital and Health System.

Rehabilitation Hospital of Indiana Sports Program is dedicated to providing competitive and non-competitive athletic opportunities to individuals with physical disabilities to enhance quality of life, promote physical fitness, introduce recreational and wheelchair sports and challenge participants to perform at a competitive level. For more information and to watch an informational video please visit <http://rhin.com/rhi-sports-program>. ★



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## BENZION

(continued from 3)

there. I also help the staff and visitors to put on tefillin.

Visiting geriatrics has many advantages. In the other wards, the patients usually stay only a few days. Geriatric patients can stay for years. You get to know them and their families.

About half a year ago, I met Chanoch. One day I was going from table to table, helping my geriatric friends to put on tefillin. He came up to me and asked me if he could also put on tefillin. I said, "Sure". I was a little surprised, because Chanoch looked quite religious. He had a full beard and was wearing a hat. Maybe for some reason he hadn't been able to put on tefillin that day.

After he finished I asked him what happened, and he told me his story. He pointed to his sister, one of the patients, and said that he had come to visit her. For a long time he hasn't put on tefillin. Now, while he watched the other men pray, he was inspired to pray himself.

Now I was really curious. I asked him why he had stopped putting on tefillin. He told me that when he was young he had been abused by an uncle, and as a result had never married. He really loves children, and it hurt him that he didn't

have any of his own. He stopped praying because he was upset with Hashem.

What could I say? How could I help him? I closed my eyes and silently asked Hashem for inspiration. An idea came to me. I looked him in the eye and told him that it's true that he has missed some important relationships. But what is *the* most important relationship? Our connection with Hashem, our Father, our Creator, our Merciful King, the Source of everything. That relationship he can and must have. Everything else is secondary. I encouraged him to start praying every day, and he promised to try.

Since then we have met many times, and *Baruch Hashem*, he is doing much better. For a few months whenever we met he would put on tefillin, and I would encourage him to start putting them on himself. Then he started to put tefillin on every day by himself. I then encouraged him to try to help others on his *kibbutz* to put on tefillin. Recently we met and he was happy to tell me about a small tefillin stand that he makes regularly, and people that he helps to put on tefillin.

What can we learn from this story? Abuse can seriously affect a person's life until he gets help. Unfortunately for many reasons people don't get help. They may try to deny what happened, and so forth. If you were abused, get help. It's true that

your life has been damaged, but you can be healed. Try to get help. There are many paths to healing. Find Hashem and bring Him into your life. He is the Source of all healing, the Source of everything. If you know someone who was abused, try to help them. When you help yourself, when you help someone else, you are helping the entire world. Each of us is a small, but really important, part of our world. When we heal ourselves, when we heal others, we are actually healing all of the world.

When even one part of the body is sick, then to different degrees the entire body is sick. Every part of the body is significant. If that part is healed, the entire body benefits. And not just the human race is affected by the state of every individual, but all of the animals, plants, and even angels are affected. Even the *Shechinah*, the Divine Presence, is suffering in exile. It's up to us to help and heal ourselves, and others, to learn more Torah and do more Mitzvahs, and to help others to do Mitzvahs to bring healing and redemption to the world.

The Torah tells us that in the end of days we will return to Hashem, and then He will redeem us. This is what is happening now. It's up to each of us to do our part. We want *Moshiach* now!

*Rabbi Cohen lives in K'far Chabad, Israel. He can be reached by email at [bzcohen@orange.net.il](mailto:bzcohen@orange.net.il). ★*

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## Critics Corner

REVIEWED BY CHARLIE EPSTEIN

### Guys and Dolls and Faust

#### Civic's Guys And Dolls Entertaining

Booth Tarkington Civic Theatre's Director Robert J. Sorbera made the old chestnut musical *Guys and Dolls* more palatable than expected. Naturally it was dated but who cares? What really saved this production was the absolute familiarity of the music with such wonderful songs like "A Bushel and a Peck", "Guys and Dolls", "If I Were a Bell", "I've Never Been in Love Before", "Luck Be a Lady", and "Sit Down You're Rockin the Boat" to name a few.

Sarah Brown, the leading lady was played beautifully by Theresa Koleszar, whose only fault was a terrific operatic voice which her role did not call for. Opposite her was Nathanael Welch as Sky Masterson who seemed somewhat stiff at times in this romantic role. The person that impressed the most was Laura Lockwood, as Adelaide, especially in her musical numbers, "A Bushel and a Peck" and her "Lament", when she infects the audience with her cold. J. D. Walls was funny as Nathan Detroit while Dan Scharbrough was deliciously menacing as Big Jule. Craig Underwood and Troy Johnson were a very comic couple as Nicely-Nicely and Benny.

The choreography by the talented Michael Worcel was exceptionally lively. The costumes by Jean Engstrom matched the excellence of the unusual scenic and lighting designs by Robert and Ryan Koharchik. Danna Sheridan had a lot to do as she stage-managed the huge cast and crew.

This Damon Runyon story was put to music by Frank Loesser, who also created the lyrics. The book for *Guys and Dolls* was written by Jo Swerling and Abe Burrows. It is no wonder this musical is a favorite and goes on and on being produced.

Posted: May 5, 2012

#### IO's Faust Fantastic

The Indianapolis Opera outdid themselves again with a spectacular rendition of Gounod's *Faust*. I have never seen a production like this. This was the best Faust I have ever experienced. Joachim Schamberger, the stage director, set and video designer was mostly responsible for this splendid event. His name will be repeated many times during this review. His special effects were mind-boggling and never interfered with the glorious music and singing. He directed this show with the audience in mind. He must have prepared months in advance. I will see any production in which his name is associated. Joachim Schamberger is a man to be reckoned with, and a name that will be remembered.

The Indianapolis Symphony Orchestra played Charles Gounod's music brilliantly under the magic baton of conductor James Caraher. The Indianapolis Opera chorus was splendid under the direction of John A. Schmid. The costumes were magnificent under the auspices of designer Susan Allred.

And now for the cast, which delighted the audience many times. First, I must admit there were two in the cast that just blew me away, Kevin Short as Mephistopheles and Sean Anderson as Valentin, Marguerite's brother. I have never witnessed a better Valentin than Sean Anderson, and that goes for Kevin Short also. He was graceful as he was powerful as the demonic evil sorcerer. He commanded the stage with menacing authority. Needless to say the devil stole the show. Kevin Short and Joachim

(see Epstein, page 8)

## DVD offers hope to adults and teens who stutter

For the three million Americans who stutter, not being able to say their own name is just one of the many challenges which confront them as they start their work day.

Help is available for adults and teenagers who stutter in the form of a DVD available at most public libraries including the Hamilton North Public Library in Cicero, Ind. Some libraries have an older video version.

"We focus on demonstrating a variety of therapy strategies that are appropriate in working with adults and teens," explains Dr. Peter Ramig of the University of Colorado at Boulder. "We also answer questions about stuttering and present examples of therapy sessions showing how stuttering can be reduced."

"Stuttering remains a mystery to most people," said Jane Fraser, president of the Stuttering Foundation. "Research strongly supports the fact that stuttering is *not* caused by psychological problems, nor are people who stutter any less intelligent than those who don't."

"This DVD is meant to give stutterers some insight into the tools they need to begin dealing with stuttering, but it also offers good ideas for family members, speech-language pathologists, and health care professionals," said Professor Barry Guitar of the University of Vermont. Guitar is one of six nationally recognized experts appearing in the DVD produced by the nonprofit Stuttering Foundation.

"We have seen people who stutter not only learn to deal with stuttering effectively," said Dr. Barry Guitar of Northwestern University, "but go on to become better than average communicators." He notes that this century's most eloquent speaker, Winston Churchill, stuttered and yet became a respected statesman renowned for his oratory skills.

The DVD features men and women who stutter from the United States and Canada, discussing their experiences with stuttering and the techniques that have helped them. They talk openly about the problems they face in the work place and how stuttering affects their lives and their self esteem.

The 55-minute DVD, *If You Stutter: Advice for Adults*, is available free to all public libraries. If your library doesn't have it, ask them to contact the Stuttering Foundation toll-free at 1-800-992-9392 for a copy. ★



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# Lag B'Omer celebrations

A big Lag B'Omer party was held on May 10 at the Sablosky Pavilion organized by Lubavitch of Indiana. The weather was superb and so was the food. In traditional picnic style barbecued hamburgers and hot dogs with several salads were on the menu. Also on the schedule was a lot of soccer playing.

After that picnic, there was a bonfire for Etz Chaim in the backyard at the home of Michael Rose. That was a potluck so more food, great Sephardic cooking! ★

## EPSTEIN

(continued from 7)

Schamberger deserve Hoosier Oscars for their tremendous contributions to an exciting performance.

Two scenes stood out and impressed me. There were many more I assure you. The waltz in the first act was gorgeous, and the dueling scene in the third act between Faust and Valentin with Satan lending a helpful and fateful hand to kill Valentin was well maneuvered.

I would be remiss if I did not mention the two leads. Faust was expertly played by Gran Wilson. His love interest was

Marguerite, sung and acted well by Maureen O'Flynn. The trio (with Satan) in the third act was thrilling and sent chills up my spine.

Much congratulation to the Indianapolis Opera for such a grand finale to this season. I am certainly looking forward to next season.

Posted: May 7, 2012

*Epstein, from Indianapolis has been theater, movie and the performing arts critic for The Jewish Post & Opinion – Indiana Edition for more than 35 years. Read more of his work on his blog at: <http://charliethecritic.blogspot.com>. ★*





# Obituaries

**Sidney Wolfe Goldstein, 75**, a long time resident of Indianapolis, died on May 4, 2012. He was born on Oct. 30, 1936. Sid had co-owned a variety of businesses in Indianapolis, South Bend, Cincinnati, and Dayton from 1968–1987, including Main Street, Easy Living, and Options 3. Later he worked for L. Fish Furniture from 1987–1997 and was with HH Gregg since 1997.

He was a devoted member of Congregation Beth-El Zedeck, where he served as head usher for High Holiday Services for over 20 years.

Sid leaves behind a loving family, including his wife; Cassandra Reinhart Goldstein; children, Joscelyn (Colin) Moore, Elise (Scott) Carpenter, Tiffany Woods, Seth (Dalhia) Goldstein, Jacob (Jacqueline) Goldstein; his brother, Alvin (Jacqueline) Goldstein and 10 grandchildren.

Funeral services were held May 7, 2012 at Congregation Beth-El Zedeck and burial followed in Beth-El North Cemetery. Memorial contributions may be made to the synagogue or to a favorite charity. Arrangements entrusted to **Aaron-Ruben-Nelson Mortuary**. ★

**Nora Goldstein, 86**, a longtime resident of Indianapolis and B'nai Torah congregant, died May 6 in Ramat Beit Shemesh, Israel, where she and her husband Harry of 59 years, had moved in 2010. Nora had suffered from pulmonary disease toward the end of her life.

Nora was the matriarch of a family that included children Mark Goldstein and Beebe Amdur of Boston, Lisa and Bruce Kermaier of Jerusalem, David and Noli Goldstein of Vancouver, and Susie and Hillel Horovitz of Ramat Beit Shemesh. Effie Goldstein, a beloved daughter-in-law predeceased Nora in 2008. Nora's descendants also include 20 grandchildren, 6 grandchildren-in-law, and 9 great grandchildren.

Nora Galerman was one of five siblings born and raised by Max and Ida Galerman. She predeceased her siblings Raphael Galerman and Lionel Galerman of Indianapolis, Virginia Rabin of Chicago, and Diana Yehudai of Tel Aviv.

Nora grew up on Hamilton Avenue and attended Tech High School. Nora graduated Indiana University in 1950 with a degree in Sociology. She subsequently received a degree in Library Science and worked as a children's librarian for the Indianapolis Marion County Public Libraries dating from her high school days until retirement in 1990, spending most of her career at the Broad Ripple and Nora branches.

Nora Goldstein was beloved not only by her immediate family, but by 9 nieces and nephews, many cousins that loved her

as a sibling, and numerous friends from all walks of life.

Beautiful eulogies were delivered by Nora's children and grandchildren before her burial in Beit Shemesh on May 8. Her family understands that lifelong family and friends from Indianapolis were not able to easily share their fond memories of Nora during the immediate grieving period. Feel free to share your thoughts with Nora's family as a scrapbook is being assembled in her memory to serve as a lasting legacy to Nora's grandchildren and great-grandchildren.

Nora's family can be reached through her husband Harry at indyharnor@gmail.com or Rechov Nachal Dolev 31A, Apartment 5, Ramat Beit Shemesh 99630, Israel. One can request an audio download of the eulogies by sending a blank email to: noraueulogies@gmail.com. (Do not use this email address for any other purpose.)

Contributions in Nora's memory can be made to Congregation B'nai Torah. ★

**Meyer Maierson 95**, a life-long resident of Indianapolis died May 17, 2012.

He was a graduate of Shortridge High School and a proud Army veteran of WWII. Meyer had owned and operated Maierson Wholesale Meats on Indianapolis' south side. Later, he worked for USA Today until he retired at the age of 75. He was a long time member of Cong Beth-El Zedeck and American Legion Post #34. Meyer is survived by his beloved children, Jim Maierson and Susie Townsend; his grandchildren Becca Townsend and Matt Fuson and his sisters Sylvia Rothbard and Phyllis Druck. His wife Tillie preceded him in death. Private graveside services were held on May 20. In lieu of flowers memorial contributions may be made to Indianapolis Hebrew Congregation or to a favorite charity. Arrangements: **Aaron-Ruben-Nelson Mortuary**. ★

**Ann Lorraine Tavel Levenson, 82**, a lifelong resident of Indianapolis, died on May 27, 2012. She will forever be

remembered as a wonderful wife, mother, sister, friend and grandmother. She never knew a stranger, maintained a positive attitude even in her final days. Her smile, laugh and warm nature will be missed by so many. She had a wicked sense of humor and kept our spirits up through her journey. We will forever miss her.

Ann was a graduate of Shortridge High School and Indiana University. She enjoyed working at Jacobson's Department Store and later for Saks Fifth Avenue. She actively managed a real estate business for her husband Alvin, who preceded her in death.

Ann was an active member of the Jewish community, belonging to Congregation Beth-El Zedeck, Broadmoor Country Club, Hadassah, Hooverwood Guild and National Council of Jewish Women.

She leaves behind her beloved daughters, Lora Avery and Martha Levenson (Michael Bose); brother, Dr. Morton Tavel and her grandsons, Michael and Danny Avery. The family is deeply thankful for the care and love given to Ann by her caregiver Lynn Brosman.

Funeral services were held on May 30 at **Aaron-Ruben-Nelson Mortuary**. Memorial contributions may be made to American Cancer Society. ★

**Bertha Shankman Leightman Lutz, 96**, passed away on

May 28, 2012. Born May 30, 1915 to the late Sam and Rose Shankman, she was preceded in death by her brothers, Aaron and Herzl Shankman, and her beloved husband, Herman Leightman, the father of her children, and her second husband, Jacob Lutz.

She is survived by her children Daniel Leightman and his wife Evelyn of Houston, Texas, Judy Sosin and her husband Judge Ted Sosin of Indianapolis, grandchildren Michael Leightman (and his wife, Alissa), Rachel Sosin Fox (and her husband, Dan), Jeremy Sosin (and his wife  
(see Obituaries, page 12)



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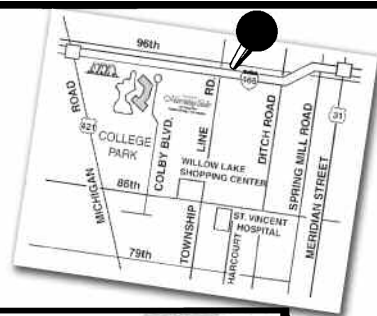
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# Midwest School of Voice presents Jennie DeVoe

*Putting Hoosiers on the Map with World-Class Music*

Follow Jennie DeVoe's "Map of the World" all the way to Midwest School of Voice in Carmel's Arts and Design District. One of the Midwest's most successful independent recording artist's, Jennie DeVoe will share her journey and her music with attendees of her salon concert on June 24. The event, presented by Midwest School of Voice, will give the audience a unique, intimate glimpse of DeVoe and her craft.

Legendary rocker Bonnie Raitt has called DeVoe "A great singer/songwriter," and, "one of the most talented and hard-working musicians I know." DeVoe recorded her last two CDs in England with renowned producer John Parrish, the latest of which was picked up by Sony RED. In 2011, the Indianapolis Chamber Orchestra asked the artist to adapt her repertoire for their 40-piece ensemble, resulting in a sold-out performance. DeVoe kicked off 2012 in Super Bowl

Village for an audience of 10,000, and later plans to head back into the studio with Parrish for her 6th album. Though her talents continue to bring her to the ears of a national audience, DeVoe remains a treasured Hoosier artist.

The coupling of Midwest School of Voice and Jennie DeVoe is only natural. Her rise to fame and simultaneous loyalty to her eclectic sound inspires artists of all ages to pursue their own passion for music. The Midwest School of Voice strives to help artists of any age learn to take their passion and talent to new heights, and to encourage creativity and authenticity in music. Through performances like this one, the School hopes to bring one-of-a-kind experiences for fans and aspiring artists alike.

Midwest School of Voice was founded on the premise that there is no such thing as a "one size fits all" coaching technique. The founders believe that every student is different, each voice is unique and every performer approaches the stage using a distinctive personality and method. This style of coaching focuses on modern vocal styles – jazz, soul, R&B, pop, rock, modern musical theatre, country, and everything in between.

Instructors at the Midwest School of Voice are experienced as both educators and professional vocalists, and the instruction is designed to build a total performer with emphasis on a combination of healthy modern vocal and stage performance techniques. The school also offers options to learn self-accompaniment, music theory, songwriting, music business, and much more with a variety of top-notch instructors and industry professionals brought in from all over the U.S. The founders believe success in music is not based on fame and fortune, but on hard work, passion, perseverance and professionalism.

For further information about Midwest School of Voice and for sign-up information go to [midwestschoolofvoice.com](http://midwestschoolofvoice.com) or call (317) 660-1367. ★

# Take Steps for Crohn's and Colitis

On June 2, 2012 at White River State Park in downtown Indianapolis, the Indiana Chapter of the Crohn's and Colitis Foundation hosted its annual Take Steps for Crohn's and Colitis walk and celebration. The event which raises critical funds for research and support programs is also the organization's primary tool for spreading awareness about Crohn's disease and ulcerative colitis, collectively known as Inflammatory Bowel Disease (IBD).

IBD affects more than 30,000 Hoosiers many of whom live in extreme pain and silence. Due to the nature of these diseases and the symptoms that accompany the disease, IBD is often not discussed leaving patients feeling isolated. CCFA is working to change this! With events like Take Steps, the Indiana Chapter of the Crohn's and Colitis Foundation is working to educate Indiana and provide resources to all IBD patients, their families and caretakers.

Take Steps began with festivities including games and activities for the kids, food, music and more. Then was the 2 mile walk through the park with patient stories and information about CCFA and the great work happening in Indiana. Following the walk, the activities continued as we celebrated the successes of our incredible participants.

Take Steps Indianapolis is sponsored by Capital Group Companies, Community Health Network, Abbott Laboratories, and Janssen and Shire Pharmaceuticals.

To learn more visit: [www.cctakesteps.org/indianapolis](http://www.cctakesteps.org/indianapolis) or call 317.259.8071.

## Crohn's & Colitis Foundation of America

The Foundation's mission is to cure Crohn's disease and ulcerative colitis, and to improve the quality of life of children and adults affected by these diseases. For more information visit: [www.ccfa.org](http://www.ccfa.org). ★



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## OBITUARIES

(continued from 9)

Rabbi Stacy Schlein), Rebecca Leightman (and her husband, Mason Dykstra) and, 11 great-grandchildren and numerous nieces and nephews.

After graduating from what is now the University of Memphis at age 19, she began a lifelong career in education. Widowed at age 35, she continued to focus on her children and community service. She served as president of the Hadassah Memphis chapter visiting Israel 13 times taking her children and grandchildren on at least one of these visits. Her generosity is memorialized on a plaque in the Hadassah Hospital on Mount Scopus. As head of the women's division of the Jewish Federation, she devoted significant effort toward raising funds to promote the welfare of the State of Israel and its inhabitants.

She also worked diligently in raising funds for the American Cancer Society. At age 40, she became interested in flying and obtained her pilot's license. She celebrated her 65th birthday with a *bat mitzvah* in Boca Raton, Fla.

She inherited her father's love of the environment and devoted much of her time serving at the Gumbo Limbo Nature Center in Boca Raton. Her efforts there are

commemorated in a stained glass window which was installed in her honor. As volunteer coordinator at the Nature Center, she developed and implemented an extensive volunteer program in which she supervised over 200 volunteers. Based on these efforts, in 1994, at age 79, she was named Volunteer of the Year by the Boca Raton Chamber of Commerce.

In lieu of the flowers, the family requests that donations be made to Hadassah or the Jewish Community Center of Indianapolis. Funeral services were held at the Baron Hirsch Cemetery in Memphis on May 31. Memorial services

were held on June 3 at the home of Daniel and Evelyn Leightman in Houston, and at the home of Judy and Judge Ted Sosin in Indianapolis. Arrangements entrusted to **Aaron-Ruben-Nelson Mortuary**. ★

**Mrs. Julliette (Leah bat Miriam) Farahan**, the Matriarch of the Farahan family and the cute little woman everyone called "Grandma" passed away Wednesday, May 30 in the evening. Funeral services were held at Etz Chaim (a first for Etz Chaim) followed by burial at the Etz Chaim Section of the Cemetery on the southside. ★

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