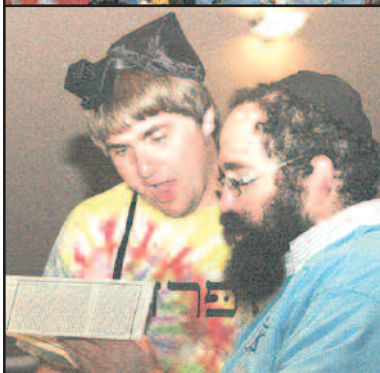


The Jewish Post & Opinion • Indiana Edition

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(See Tour de Shuls, p.2)



Editorial

If you didn't get to hear The Yuval Ron Ensemble when they played in Indy on Sept. 20 at the JCC and Sept. 21 at the Central Library downtown, you missed a good concert of Middle Eastern music. I didn't make the first concert but I attended the second evening's "Sacred Music of the Middle East" that was held on World Peace Day.

The evening started with a few brief speeches from representatives of the three Abrahamic religions, one from Mayor Ballard's office and one from a library worker. The Jewish speaker was Gadi Boukai who spoke on behalf of the Jewish Community Relations Council.

Afterward, a short film on the origin of World Peace Day was shown. In 1981, the United Nations agreed to make Sept 21 an annual 24-hour call for ceasefires and non-violence, and a day for UN agencies and aid organizations to safely carry out life-saving work.

After the film and before the concert a local band, City Squirrels played the song "Imagine" by John Lennon. Lead singer Ernest Lewis was joined by Tim Nation and Charlie Wiles. Wiles is co-founder of the Peace Learning Center and director of the International Interfaith Peace Initiative. Also from Indianapolis, Jamilla Ali, a multi-talented belly dancer, performed during the concert.

Independently and through his work in music, Yuval Ron actively promotes peace and goodwill. Yuval is the musical director and oud player for The Yuval Ron Ensemble, which includes Arabic, Jewish and Christian artists who unite the sacred music traditions of Judaism, Sufism and the Armenian Church into an unusual mystical, spiritual and inspiring musical celebration.

The Ensemble got the audience singing, dancing, and hand-clapping, but in between the songs, the room was quiet while Ron shared little bits of wisdom. He said that Jewish music and that of other religions takes on the style of the location where the musicians live. Therefore, even though the group played Jewish, Christian and Muslim music, it all sounded Middle Eastern. If it weren't for recognizing a few Hebrew words and also hearing in advance what the songs were going to be, I wouldn't have been able to tell which songs came from which religion.

Later in the concert, Ron spoke about all the wonderful achievements happening in the Middle East in different areas such as education, medicine, technology and so forth. On a basic level there is tasty cuisine, diverse clothing, competitive sports and such. At the same time, there is a lot of darkness in the area. Continuing in his

Tour de Shuls – Indy kickoff is a blast

With a mighty blast of multiple shofars, the cyclists of Tour de Shuls, the first annual ride of greater Indianapolis, was off. Under gray, rainy skies, but with colors bright and spirits high, young riders as well as those with many miles under their treads, casual cyclists, and hard core enthusiasts alike, gathered in support of Hillels across the state at Congregation Shaarey Tefilla in Carmel (this year's host synagogue) on Sunday morning, Sept. 25.

The Tour attracted 130 registered participants for 5-, 20-, and 40-mile rides through Carmel, Westfield, and Sheridan. The riders and volunteers from across the Jewish community came out in full force representing all Indianapolis area synagogues to raise money for and awareness of Hillels on college campuses throughout the state of Indiana. "Hillel provides a center of Jewish life on college campuses for our children away from home. We wanted to support their activities and show them that the Indianapolis community is appreciative and supportive of their efforts," said Jay Perler, one of the Tours' brainchildren and organizers. Hillels at eight campuses will benefit from this event – Ball State University, Butler University, DePauw University, Earlham College, Indiana University, IUPUI-Indianapolis, Purdue University, and University of Indianapolis.

"One of the most exciting things about Tour de Shuls is that virtually the entire organized Jewish community came together to raise money for a common cause – the Hillel chapters on Indiana college campuses," said Rabbi Benjamin Sendrow of Congregation Shaarey Tefilla. "At Shaarey Tefilla, we are proud to be the first host congregation for what I hope will become an annual Indianapolis tradition. This is Jewish community at its best." Along with Rabbi Sendrow, Rabbis Dennis and Sandy Sasso of Congregation Beth El-Zedeck, and Rabbi Brett Krichiver of Indianapolis Hebrew Congregation were tremendous forces in arousing their

(see Tour de Shuls, page 15)

calm, soft spoken voice, he commented that some people think that the way to diminish that darkness is with more darkness, but he doesn't agree.

Yuval Ron believes the way to diminish the darkness is with light and that is what his group does with their music. They travel around infusing light by highlighting the commonalities of the different religions and bringing them together for a joyful

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The Jewish Post & Opinion

1427 W. 86th St. #228

Indianapolis, IN 46260

email: jpostopinion@gmail.com

phone and fax: (317) 405-8084

website: www.jewishpostopinion.com

and uplifting experience. May the group continue to do so for many years. Check out the website of Ron and The Ensemble at www.yuvalronmusic.com. See photos from the concert on page 16.

Mazel Tov to: Leslie Abrams and Matthew Tobe on their marriage Sept. 4, 2011. Leslie is the daughter of Dr. John and Diane Abrams, and Matthew is the son of Stephen Tobe and Judy Tobe.

Condolences to: Tom Steiman-Cameron and family on the death of his beloved mother Lucille Cameron; Steve Steinkeler and family on the death of his beloved mother Ruth Steinkeler; and to the family of Jack Alboher.

In the last issue I wrote about the perseverance and dedication of Jewish residents who lived their entire lives in Indianapolis and who turned 90 in the past year. One of those mentioned was Jack Alboher who died on Sept. 20. Another one who turned 90 in February that I forgot to mention was Ruth Steinkeler who died on Sept. 9.

The two came from very different Jewish traditions, Jack was Sephardic and belonged to Etz Chaim and Ruth was Ashkenazic, a member of Beth-El Zedeck. They were similar in that they both gave life their all until they breathed their last breath. Both set examples by improving the quality of life in this city with their family businesses, ongoing hard work, Jewish observances and raising Jewish children. They will be sorely missed.

Jennie Cohen, September 28, 2011 ★

Indiana Historical Society prepares to open "You Are There 1950: Making a Jewish Home"

The Indiana Historical Society (IHS) will tell a family's story of tragedy, courage and new beginnings with *You Are There 1950: Making a Jewish Home*, which will be open Tues., Oct. 11, through Sept. 29, 2012. The Eugene and Marilyn Glick Indiana History Center, home of the IHS and its *Indiana Experience*, is located at 450 W. Ohio St. in downtown Indianapolis.

The "You Are There" element of the *Indiana Experience* allows guests to step through – and into – an IHS collections photograph that has been recreated three-dimensionally. In *Making a Jewish Home*, guests can visit Berek (Benny) and Frania (Fanny) Kaplan's Union Street home in a south-side Indianapolis neighborhood on April 5, 1950, just a year after their resettlement from a post-World War II displaced persons camp. The recreated scene at the History Center features Fanny ladling soup to serve for a family meal. In the new experience, guests will join Mrs. Kaplan as she prepares a kosher meal and at the same time learn how Hoosier

hospitality helped the Kaplans create a new home.

Having known of one another as distant relatives before the war and after having lost most of their families during the Holocaust, Benny and Fanny reconnected and married in Poland after the liberation. They then spent three years in a displaced persons camp in Germany after the end of World War II. Jewish Social Services in Indianapolis financed the family's relocation, including their two young children, to the United States in 1949 and helped them settle in.

The authenticity of the "You Are There" recreations hinge on not just the development of the physical space, but also on the real-life characters (portrayed by interpreters) who could really have been present in that particular place at the time the photograph was taken. Guests will have a chance to meet not only the Kaplans, but also Nathan Berman (head of Indianapolis' Jewish Social Services), Tekla Wolf (a leader in the United Services for New Americans), Charlotte Epstein (an English translator/tutor), Rosemary Marie Hessman (a Catholic neighbor and *Shabbos* helper) and Carolyn Tucker (a census worker from the area).

The William H. Smith Memorial Library

is home to an extensive collection of archival materials that detail the story of Jewish communities in Indianapolis and around the state, including more than 40 manuscript collections and more than a dozen printed collections. In addition to invaluable assistance from many local individuals and organizations, Rosie Kaplan (daughter of Benny and Fanny) was instrumental in bringing the scene to life – from anecdotes about her childhood to sharing the ladle and dishes featured in the photograph for exact reproduction.

Beyond an exhibit, *Making a Jewish Home* will serve as a meaningful humanities resource and a launching platform for a variety of contemporary discussions on Hoosier philanthropy, humanitarian outreach and Indiana's diverse cultural heritage. IHS will host programs that connect the themes of this "You Are There" to contemporary issues.

"You Are There 1950: *Making a Jewish Home*" is being presented with support from The Ackerman Foundation, Citizens Energy Group, and Indiana Humanities in cooperation with the National Endowment for the Humanities. For more information on this and other IHS programs, call (317) 232-1882 or visit www.indianahistory.org.

(see IHS, page 13)



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Community Events

Jewish Bereavement Group

The Albert & Sara Reuben Senior and Community Resource Center began a bereavement group in partnership with Community Home Health Services, a part of the Community Health Network. This bereavement group, which has a Jewish perspective and is facilitated by Rabbi Bruce Pfeffer, is open to all. Questions should be directed to Julie Sondhelm at 317-259-6822 x6. Meeting dates and times are: **First Thursday of each month** from 7 p.m.–8:30 p.m. and the **Third Monday of each month** from 10 a.m.–11:30 a.m.

An Evening of Art & Jazz

Join Hadassah on **Sat., Oct. 15**, for a fabulous evening of art, music, food and wine! "An Evening of Art & Jazz" will feature live jazz performances, artists displaying and selling their work, a terrific silent auction, hors d'oeuvres, and wine-tasting! Proceeds from this event will benefit Hadassah Hospital, so invite your family, your friends, your neighbors – everyone you know! – to join us for a great evening. The "Evening" will take place in the Laikin Auditorium at the JCC and run from 7–10 p.m. Tickets are \$25 in advance; \$30 at the door. So mark your calendars now and help us kick off Hadassah's centennial year celebrations with music, art, and a lot of fun! For more information, call 317-475-4278 or go to www.hadassah.org/IndyArtAndJazz.

Joshua Nelson, "The Prince of Kosher Gospel"

Joshua Nelson, a Black Jew, is undeniably the "Prince of Kosher Gospel." Nelson crosses cultural divides and unites people in song and spirit. Accompanied by musicians and 3 back-up singers, Nelson will perform two stellar concerts at the JCC **Sat., Oct. 22**, 7 p.m. and **Sun., Oct. 23**, 3 p.m. Nelson's gospel interpretations of familiar Jewish prayers and songs will have the audience singing along and dancing in the aisles...just as he does wherever he performs all over the world. Whether singing in Hebrew or English, it's the uplifting music and Nelson's charisma that make for an unforgettable experience.

Indiana Jewish Historical Society Annual Meeting and Brunch

The 2011 Annual Meeting and Brunch of the IJHS will be held at the Indianapolis Bureau of Jewish Education on **Sun., Oct. 23** at noon. The program will highlight the 100th anniversary of the Indianapolis Bureau of Jewish Education. Archive material and pictures from the past will be available for viewing, as well as a presentation

featuring the history of the BJE by Rabbi Paula Winnig and Marilyn Roger.

Reservations are required for the dairy brunch. The cost of the brunch, catered by Bluebakes, is \$20 per person. To make reservations, please send your check to the IJHS, 6301 Constitution Dr., Fort Wayne, IN 46804. Please list the names of those planning to attend the brunch. The deadline for making reservations is Tues., Oct. 18.

The meeting will begin at 12:00 p.m.: with welcome, introductions and brunch. IJHS board members will be available to collect new archive material for our collections at the Indiana Historical Society. Please have all documents and/or photos identified and in protective envelopes. At 1:30 p.m., a program featuring the history of the BJE will be presented by Rabbi Paula Winnig and Marilyn Roger. **Copies of the recent publication *Bonds as Strong as Steel: A history of Indiana scrap metal dealers and their families* will be available for purchase.** For more information, email Indiana.jhs@frontier.com or call 260-459-6862.

Ramah Outdoor Adventure

Ramah Outdoor Adventure, the only Kosher Outdoor Adventure camp in the country with an intensive Jewish program, is currently enrolling children age 8–15 for the 2012 camping season as well as teens age 16 & 17 for a leadership training program. Located on a majestic, 360 acre alpine ranch, Ramah Outdoor Adventure is located in the heart of the one million

acre Pike National Forest, only 90 miles from Denver. Campers from across the country are invited to experience the great outdoors with mountain biking, whitewater rafting, rock climbing, horseback riding, farming, pioneer crafts, wilderness survival and much more!

Come meet their 2011 program director, Dan Buonaiuto on **Sun., Oct. 23** at 7 p.m. Congregation Shaarey Tefilla, 3085 West 116th St., Carmel, Ind. RSVP: 733-2169.

Kosher refreshments will be served. Camp Director Rabbi Eliav Bock can be reached at the Camp Ramah Office 303/261-8214 or www.ramahoutdoors.org/?page_id=229.

NOTE: The Jewish Federation of Greater Indianapolis offers scholarships for first time campers for a Jewish camp experience: www.jfgi.org/page.aspx?id=164940. Shoshana Harper, mom to Ramah Outdoor Adventure Camper Nadav, can be reached at shoshi40@hotmail.com.

Jewish lawyers

Jewish lawyers group meets for lunch on the fourth Wednesday of each month. The next meeting is **Oct. 26** at Shapiro's downtown at 12:15 p.m. Presently the group's leaders are Irwin Levin, Zeff Weiss and Elliot Levin. For more information contact Elliot at edl@rubin-levin.net.

JCC Business Network

The next meeting will be on **Nov. 16**, at the JCC, 6701 Hoover Rd. RSVP to Larry Rothenberg lrothenberg@jccindy.org or call 317-715-9233. ★

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Peace from starting anew

As this edition of the *Jewish Post & Opinion* goes to press, the Hebrew month of Elul is drawing to a close, with barely a week before the Days of Awe are upon us. We are rarely ready for the moment the *Erev Rosh Hashanah* service begins.

Our tradition recognizes how easy it is to lose track of time. The Hebrew calendar is full of personal and communal cycles – seasonal celebrations, the set schedule for Torah reading, and the annual process for introspection, atonement, and forgiveness – each helping us slow down and reflect on where we are in our lives.

Elul – closely related to the word “search” in Aramaic – is the month that eases us slowly into what lies ahead.

Whether we understand the High Holy days literally as our opportunity to be sealed in the Book of Life for another year, or metaphorically as the moment we consider what we have written and sealed for ourselves, the practice of looking inward, backward, and forward all at once is a powerful – and often overwhelming – one.

Our practices during this month ease us into the shock of another year passing. From the first day of Elul until the last, we are to hear the sound of one shofar blast each morning. *Start paying attention! Don't ignore your life! It's not too late!* This is our time to undertake a *cheshbon ha'nefesh*, an accounting of our soul. It is also customary to recite Psalm 27, which contains the phrase “One thing I ask of God, one thing I seek: to live in the house of God all the days of my life.”

To live in God's house, though, is not to live in a permanent structure of steel and cement. Rather, it is to live in an open, organic dwelling, a fragile place of our own creation, using the materials at hand. We start building such a house immediately after coming out of *Yom Kippur's* fast, out from a holiday of fasting and regrets into *Sukkot*, a holiday of pleasure and celebration.

We move from communal responsibility for all the ways we have failed ourselves as well as each other to the many ways we can dwell together. We eat, talk, sing, read, relax, welcome guests, and even snooze, in this temporary home, a fitting address for all the feelings of vulnerability the High Holy Days bring.

May the Days of Awe awaken and comfort you. May you find a seat in the house of God, and may we all find the peace that comes with starting anew.

The board of Congregation Beth Shalom in Bloomington, Ind. ★

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Seeking out God's presence

BY SUSAN LERNER



Rabbi Nadia Siritsky

When Rabbi Nadia Siritsky, the new associate rabbi at Indianapolis Hebrew Congregation, was a young child, she and her father came across a homeless man. Her father handed her a dollar bill and instructed her to give it to the man. This moment cemented Rabbi Siritsky's *tikkun olam-centered* Jewish identity.

"I am mindful to be praying not only with my lips but with my heart and feet," she said, explaining the impact of this simple act. Rabbi Siritsky's Holocaust-survivor father taught her many other lessons as well. She continued, "He showed me that there are many ways to be a good Jew. I learned from his example to be grateful. Because my father lived a good life, despite knowing firsthand that death could come anytime, I learned to respond to challenging circumstances not through fear, but through faith. I try to live every day to its fullest, as if each could be my last."

Rabbi Siritsky has a deep connection to the Classical Reform movement which, as one of its precepts unconditionally welcomes into the Jewish community interfaith couples. "Many of these couples land at my doorstep after being turned away by many other rabbis. Faced with this rejection, their determination truly speaks to their wish to find a connection with Judaism. I am moved, honored and privileged to work with these couples. Their desire to include Judaism in their lives should be something we learn from, and are inspired by, not a cause for judgment. It is a gift to be able to see yourself through someone else's eyes, and to learn from one another," Rabbi Siritsky eloquently explained.

Rabbi Siritsky hails from Montreal, but has learned, worked and lived in Israel, New York, Philadelphia and Louisville. She was one of only two Spanish-speaking chaplains at the Red Cross working at Ground Zero immediately following 9/11, and remembers telling children that their parents had died, and blessing the body parts brought to the city morgue of those who had perished. Moved by community response to the tragedy, she said, "It's in the faces of people coming together to help one another that I see the manifestation of God." It was in the aftermath of 9/11 that she made an observation: those with connections to a larger faith community

fared better than those without such ties.

Wanting to dedicate herself to building community, she decided to work in a congregational setting, and served for six years as a rabbi in Louisville, Ky. She went back to school for a Master's degree in Social Work (she already had a Master's degree in Hebrew Literature), and developed extensive community programming for older adults, as well as working in hospice as a bereavement counselor. A few years later, in order to counsel others even more effectively, she went back to school yet again, to complete an interfaith Doctorate of Ministry in Pastoral Counseling program at Hebrew Union College.

"The incredible capacity of humans to overcome adversity is awe-inspiring. To be a rabbi is a privilege, one that allows me to nurture the parts that allow us to not only survive, but thrive, and in so doing, to actualize the blessing that enables healing and renewal," Rabbi Siritsky observed.

Siritsky appreciates everyday miracles, both big and small. "I like this idea that we are all one, all interconnected. I accompany people during their sacred moments – baby namings; *b'nai mitzvahs*; funerals – and I also bear witness to the ways God works in their everyday lives," she remarked.

Rabbi Siritsky challenges herself to live according to Rabbi Heschel's teaching, striving to engage in this world with radical amazement, and to seek out God's presence in everything. Her years of higher education have given her skills to act on her conviction to repair the world,

Mr. Blair's Open Mic Night

Mr. Blair Karsch and the On Your Level Youth Project will once again host Indianapolis's premiere youth open mic events, which have produced standing-room-only crowds at previous events. This is the largest all-city event with a focus on youth expression through spoken word. There's even room for adult performers as the evening allows. Come one, come all. This event will be an open stage for all ages to perform and practice any form of spoken word entertainment. Poetry, prose, comedy, hip-hop, rap, acoustic music and more are some of the most popular forms. Get there early to have a snack, drink, get a good seat and meet the artists.

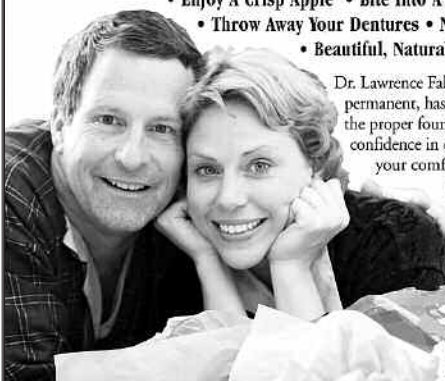
Event Info.: Sat., Oct 1, 7–9:00 p.m. Starbucks, 2902 W. 86th St., (across from Brebeuf Jesuit Preparatory High School); Mon., Oct. 4, 4:30–6:30 p.m., Pike Library, 6525 Zionsville Rd. Indianapolis; Fri., Nov. 18, 7–9:00 p.m., Starbucks (same address as above); Sat., Dec. 3, 7–9:00 p.m. Brics, "The place to chill in Broad Ripple", On the Monon Trail, 901 East 64th St. ★

which took root early on, when she gave her father's dollar bill to a homeless man.

Susan Lerner is a freelance writer living in Indianapolis. She is working towards an MFA in Creative Writing and posts book reviews at <http://booklerner.blogspot.com>. ★

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Obituaries

May – July (More July – Sept. in the next issue)

Bette F. Jacobs, 76, died suddenly and unexpectedly on May 22, 2011. She was born to the late Melvin and Lena Weiss. She married Stanley R. Jacobs in 1957 and he preceded her in death in 1988. She was a graduate of Shortridge High School and IU Bloomington. She helped her husband, Stan, run his engineering business for 30 years. She later worked in the accounting and mortgage industries. She is survived by her loving son, Joseph C. Jacobs. Bette was a member of the Indianapolis Hebrew Congregation. Graveside services were held May 25 in Ohev Zedeck Cemetery, located in the 100 block of West Kelly Street on the Southside of Indianapolis. ★

Dillard W. "Buz" Howell II, 64, died May 28, of a massive stroke he suffered the day before on his beloved hobby farm in Greenfield. He was retired from Eli Lilly and Company after serving more than 20 years there as chief of global security. Before his tenure at Lilly, Mr. Howell served in the FBI for more than a decade as an expert hostage negotiator, investigator, and trainer at Quantico, the FBI's headquarters outside Washington, D.C. He was a graduate of University of Alabama, Tuscaloosa, and earned his Master's degree in journalism there. An avid and accomplished golfer, Mr. Howell competed in the PGA for years and retained many friendships among professional golfers on the senior tour.

He is survived by his beloved wife, Joan (Schwartz); daughters Julie Taylor, Brooke (Ricky) Martin, and Abbey Howell, all of Florida; and Lauren Todd, Chicago; and son, Daniel Todd, Greenfield; his sister, Nancy (Frank) Kallinger, Indianapolis; his mother, Dorothy (Mathis) Howell, Indianapolis; and many beloved pets, including dogs, cats and horses, among which is his personal mount, "Dixie." His father, Dillard W. "Dixie" Howell, and his brother, Jeff Howell, preceded him in death.

A memorial gathering was held June 2, at Aaron-Ruben-Nelson Mortuary. Private interment was at Oak Lawn Cemetery. Mr. Howell will be remembered most for his generous spirit, grace under fire, and genuine care for others, as well as his great love for his family. ★

Larisa Braslavskaya, 87, died May 30, 2011. Graveside services were held May 31 in the Indianapolis Hebrew North Cemetery. Arrangements entrusted to Aaron-Ruben-Nelson Mortuary. ★

Samuel Greenberg, 63, died on June 1, 2011 in the care of his loved ones. He served in the US Army from 1967–1969. Sam was a 1982 graduate of Indiana University and received his Master degree from Pepperdine University in 1986. Sam is survived by his loving parents, Harry and Rosalie Greenberg; his brothers, Daniel, Joel and Mark; a nephew, niece and 2 great nephews. He will be deeply missed by his devoted family. Funeral services were held at Aaron-Ruben-Nelson Mortuary on June 3. Burial followed in B'nai Torah Cemetery. Memorial contributions may be made to St. Vincent Hospice or to Congregation Beth El Zedeck. ★

Barbara Gloria Greenberg, 86, (Bobbie to her friends, Kiki to her grandchildren) died peacefully on June 4, 2011. Bobbie was born in New York City to George and Lillian Ungar on May 8, 1925. She grew up on the South side of Chicago through high school before moving to Evansville. Bobbie went on to attend the University of Illinois.

She met the love of her life Whitney Greenberg and enjoyed over 62 years marriage. Beauty, class, charm and grace are words that only begin to describe what a sweet, caring, loving lady she was.

Bobbie did volunteer work for the Indiana School for the Blind and was also a model for L.S. Ayres in her younger years.

She is survived by her 3 sons Bruce (Peggy) Jim (Cheryl) and Greg (Shari) as well as six grandchildren. Jonathan, Elliott, Michael, Caroline, Harrison and Lillian Greenberg. Her sister in heart and spirit Rose Simmons. Bobbie loved all things French from food to antiques but most of all she loved her family and they will miss her immensely. We would like to thank the dedicated staff of Hooverwood for the loving care she received during the past year.

Funeral services were June 7 at Aaron-Ruben-Nelson Mortuary. A private family burial followed. Memorial contributions may be made to Hooverwood Nursing Home, 7001 Hoover Road Indianapolis, IN 46260 or to the Alzheimer's Association, http://www.alz.org/join_the_cause_donate.asp. ★

Sarah Draizar Sakowitz, 86, died June 8, 2011. She was born in Indianapolis on Nov. 30, 1924 to Abraham and Jennie (Marcus) Draizar. Sarah graduated from Shortridge High School in 1942. She married Sidney Sakowitz in 1947 and was a homemaker and beloved mother, grandmother and great grandmother.

Sarah was a member of Congregation Beth-El Zedeck and Congregation B'nai

L'Shanah Tovah Tikateivu!

From the Board, Rabbi Sendrow, and membership of Congregation Shaarey Tefilla, wishing you and all your loved ones a Healthy, Sweet, and Good New Year!

High Holiday Service

	Date	Time
Selichot Reception	Saturday, September 24	8:30 pm
Selichot Service	Saturday, September 24	11:00 pm
Erev Rosh HaShanah	Wednesday, September 28	6:30 pm
Rosh HaShanah	Thursday, September 29	8:30 am
Tashlikh (Carmel West Park)	Thursday, September 29	6:30 pm
2nd Day Erev Rosh HaShanah	Thursday, September 29	7:30 pm
2nd Day Rosh HaShanah	Friday, September 30	8:30 am
Erev Yom Kippur / Kol Nidre	Friday, October 7	6:45 pm
Yom Kippur / Yizhkor	Saturday, October 8	9:00 am
Yom Kippur / Mincha	Saturday, October 8	5:15 pm
Yom Kippur / Neila, Maariv, Havdalah	Saturday, October 8	6:30 pm

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Torah. She was a past president of the Bureau of Jewish Education Auxiliary and financial secretary for both Indianapolis Hadassah, of which she was a member since 1942, and Hooverwood Guild.

She is survived by her husband, Sidney N. Sakowitz; daughters, Marcia (Bruce) Sklare of Indianapolis and Anita (Alan) Kramer of Duluth, Ga.; son, Jeff (Amy) Sakowitz of Needham, Mass.; seven grandchildren, Aviva (Rabbi Moshe) Schwartz, Nathan (Dara) Sklare, Adina (Adam) Aft, Bradley and Jared Kramer, and Alex and Jordan Sakowitz; and three great grandchildren.

A funeral service was held June 10, 2011 at the Aaron-Ruben-Nelson Mortuary. Burial followed in Congregation Beth-El Zedeck North Cemetery. Memorial contributions may be made to Congregation Beth-El Zedeck or a charity of the donor's choice. ★

Favl Waisburd, 85, formerly of Proskurov, Ukraine, died June 18, 2011. He was a graduate of Odessa Radio and Telecommunications University. He then served as chairman of the Radio and Telecommunications School in Sverdlovsk, Russia where he worked from 1955–1989, when the family immigrated to the United States.

Favl is survived by his beloved sons, Joseph Weisburd of Needham, Mass. and Natan Weisburd of Carmel; and grandchildren, Yeva and Benjamin and Sonya and David; 2 great grandchildren, Leah and Raphael Pashkov.

Funeral services were held June 20, 2011 at Aaron-Ruben-Nelson Mortuary. Burial followed in Beth-El Zedeck Congregation's North cemetery. Memorial contributions may be made to Congregation Beth-El Zedeck where he was a member. ★

Rohana Jeane Eagles McCormack, 84, was born Dec. 23, 1926 in Charlotte, North Carolina. Rohana graduated Duke with a BA and an MA. There she met her husband, Tom McCormack. She received an ABD in Literature and Creative Writing from Purdue. Many of her poems were published in local and national publications. She was an active member of Beth-El Zedeck and IHC Synagogues.

Rohana was the loving mother of five children, Gigi Seay, Tom Hans McCormack, David McCormack, William McCormack and Henrietta McCormack. She was the loving grandmother of 13 grandchildren and seven great grandchildren. Services were held at the Aaron-Ruben-Nelson Mortuary. ★

Simon Barez, 88, died June 26, 2011. Although Simon was a successful

entrepreneur in the toy and school supply business, he was best known for his devotion to family. Simon loved taking the family for Sunday drives and always had toy samples in hand for the children. His grandchildren remember hours of entertainment feeding ducks and playing games.

He is survived by his children, Stacie Shapiro and Matthew Barez; and four grandchildren, Alyssa and Amanda Shapiro, and Joshua and Daniel Barez.

Graveside services were held at Indianapolis Hebrew Cemetery North (161st and Meridian) on June 30, 2011. Memorial contributions may be made to Birthright Israel Foundation, 33 E 33rd St, Floor 7, NY, NY 10016. Arrangements entrusted to Aaron-Ruben-Nelson Mortuary. ★

Bertha Budnick Davis, 96, died on July 9, 2011 with her loved ones by her side. She was a member of Congregation Beth-El Zedeck, City of Hope and a life member of Hadassah. Bertha was the widow of the late Lewis Davis. She is survived by her beloved children, Maxine Suess, Steve Davis and Mike Davis; 11 grandchildren and 11 great grandchildren. Graveside services were held on July 12 in Shara Teffilla cemetery (on Kelly Street). She will be deeply missed. ★

Monroe Alt, 86, died July 15, 2011. He was a founder and former owner of Crown Plastics Company, manufacturing plastic slip covers for over 40 years retiring in 1996. Monroe was a member of Etz Chaim Sephard Congregation Sertoma International and the Jewish community Center Association. He is survived by his beloved wife Rose Franco Alt, 3 daughters: Hollie (Dean) Gossett, Shelly (Mike) Katz, and Laura (Nathan Steiner) Alt. Also survived by 4 grandchildren: CeCe, Ethan, Isabel, Josh and a niece and nephew, Nancy Anderton and Michael Alt. Monroe was predeceased by his brother Robert. Funeral Services were July 19 at Aaron-Ruben-Nelson Mortuary with burial in Etz Chaim Cemetery. Memorial Contributions may be made to Indianapolis Hebrew Congregation, Etz Chaim Congregation or the American Diabetes Association. ★

Mary Alboher Abrams, 87, was born Aug. 2, 1923 and died July 16, 2011. She is survived by her beloved sons, Scott, William and Steve Abrams; and her brother, Jack Alboher. She was preceded in death by her husband, Herbert Abrams and her siblings, Sam Alboher, Frieda Black and Esther Simpson.

Mary graduated from Manuel Training High School and worked as a secretary at Fort Benjamin Harrison. Besides being a very

loving mother, she was an active member of the Jewish community, a member of Indianapolis Hadassah, Deborah Sisterhood. Mary enjoyed cooking for her family and was known for her gourmet brownies. She also had a love of golf and walking. She was a caring individual who was always there for her family, sons and friends whenever they needed her.

A graveside service was held July 20 at Indianapolis Hebrew Cemetery South. Memorial contributions may be made to Hooverwood in honor of Mary Abrams. Arrangements entrusted to Aaron-Ruben-Nelson Mortuary. ★

Elizabeth J. "Betty" Friedmann, 98, died July 17, 2011, in her home, as was her wish, surrounded by her loving family. Born in Martinsville, Ind., on Nov. 7, 1912, Betty was the fifth of eight children born to Alpha June (Kelso) and Ira Ernest Cramer. From childhood on, Betty was defined by resilience, generosity, enthusiasm, creativity, curiosity, compassion, humor, and charisma. One of Betty's most cherished sayings was, "There are no mistakes, only corrections and adjustments." She had a passion for music that lasted her entire life and she spent many happy hours playing the piano and organ.

After Betty moved to Indianapolis, she met her husband, Eugene "Gene" Friedmann. They were married for 58 years until Gene's death in 1997. She worked alongside her husband to launch several successful businesses, culminating in residential and commercial development.

She was active in Indianapolis Hebrew Congregation's Temple Sisterhood, Brandeis University Women's Committee, and was particularly proud of her life membership in Hadassah and Lion of Judah support of The Jewish Welfare Federation. Betty's giving heart is forever commemorated by her generous gift of Friedmann Park to the people of Indianapolis.

Immediate survivors are her two daughters, Jane (Kevin Corn) of Indianapolis, and Bonnie Friedmann (John Cuniff) of Santa Cruz, California; cherished niece, Gina Stone (Brooklyn, New York); grandchildren, Aaron (Sarah) Corn, Kate Friedmann, Emma Cuniff, Claudio Corn, and David Friedmann; grandnephew, Jake Schlan; and step-grandson, Joshua (Natalie) Corn. Survivors also include Betty's sister, Carey Grace House of Mooresville, and sister-in-law, Blanche Stonehill of Indianapolis, as well as many beloved nephews, nieces and their families.

A memorial service was held July 24 at Aaron-Ruben-Nelson Mortuary with a gathering at Betty's home immediately following the service. ★

13TH ANNUAL ANN KATZ FESTIVAL OF BOOKS AND ARTS AT THE ARTHUR M. GLICK JCC

OCT 22-NOV 19, 2011

SOMETHING FOR EVERYONE...LITERALLY!

Books
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Admission:

\$5 public / \$3 JCC members
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Festival Fast Pass

\$50 public / \$40 JCC members
gain access to all events for one low price.

This activity made possible, in part, with support from the Indiana Arts Commission and the National Endowment for the Arts, a federal agency commission, and the National Endowment for the Arts, a federal agency.



Sat, Oct 22, 7 pm
and Sun, Oct 23, 3 pm
Joshua Nelson, "The Prince of Kosher Gospel"
\$20 public / \$15 Adult JCC members
\$10 All children under 19
Become united in song and spirit with our community through the uplifting and cross-cultural gospel music of Joshua Nelson. Together with back-up singers and live musical accompaniment, this "Prince of Kosher Gospel" will have you singing along and dancing in the aisles!

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Sponsored by the Indianapolis Foundation, Butler Hillel and Butler Voices of Deliverance Gospel Choir, Indianapolis Hebrew Congregation and Leon M. Mordoh. Co-sponsored by Great Cooks & Company, Your Event Partner, Chase Bank, Aaron-Ruben-Nelson Mortuary and Dialogue Today.



Tues, Oct 25, 7 pm
Marilyn Berger
Berger, author of *This is a Soul: An American Doctor's Remarkable Mission in Ethiopia*, relays the remarkable story of one doctor devoted to caring for victims of famine, genocide and war.

Media Sponsor WFYI Indianapolis. Sponsored by the Bureau of Jewish Education and the Jewish Federation of Greater Indianapolis.



Oct 26-Dec 30 | **FREE**
Reception: Thurs, Oct 27 5:30 pm
Herron School of Art and Design
Books with hair? Allow Karen Baldner to guide you through an intensive and hands-on immersion into the world of book arts and discover that books themselves can be art.



Sat, Oct 29, 7 pm
Indianapolis Premiere Screening: Nora's Will
Nora's manipulative plans and meticulous intentions before taking her own life make for a comedic film that is pure entertainment.

Sponsor: Fifth Third Bank

3 ways to register:
visit www.JCCindy.org
call 251-9467
stop by a JCC membership desk

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Mon, Oct 31, 7 pm
Lee Kravitz
Lee Kravitz is busy. In *Unfinished Business: One Man's Extraordinary Year of Trying to Do the Right Thing*, he catches up on a list of unfinished business—the could've, should've and would've that plague us all.

Co-sponsors: Wendy and Phil Larman



Tue, Nov 1, Noon | **FREE**
Storytime with Bubbe and Zayde
An intergenerational story hour for our kids, their grandparents and parents.

Sponsored by US Kids Magazines- Turtle, Humpty Dumpty and Jack & Jill. Co-sponsored by Albert & Sara Reuben Senior and Community Resource Center and PJ Library of Greater Indianapolis.



Wed, Nov 2, 7 pm
Ghita Schwarz
Displaced Persons: A Novel explores the stories behind the survivors of the concentration camps. Follow four Polish women as they re-establish their identities and reconstruct their lives.



Sun, Nov 6, 9 am-4 pm
Feeding the Community Body: A Day of Wellness
Join yogi and author Meta Chaya Hirschl for a two-hour yoga workshop. Stop by our mini farmers market for some local eats. Participate, learn and share in a wide range of workshops and activities taking place all day at the JCC.

Partner: Second Helpings



Tues, Nov 8, 7:15 pm
Myla Goldberg
In her new book, *The False Friend*, young protagonist Celia Durst is not quite as innocent as she seems. Join Myla in a private discussion about the novel before the actual event when you purchase the book at the JCC.

Sponsored by Congregation Beth-El Zedeck. Co-sponsored by Shaarey Tefilla Sisterhood, Hadassah, Indiana Humanities and Novel Conversations.



Wed, Nov 9, 7 pm | **FREE**
SuEllen Fried
Author and anti-bullying advocate SuEllen Fried will lead a workshop for adult, pre-teens and teens in the Laikin auditorium at the JCC. Her book, *Banishing Bullying Behavior*, offers tools to solve this problem.

Special thanks to our partner Bully Safe USA. Co-sponsored by Indianapolis Section of the National Council of Jewish Women, The Villages, Prevent Child Abuse and The Mothers Circle.



Sun, Nov 13, 10 am | **FREE**
at Congregation Beth-El Zedeck
Anita Diamant
Author of *The Red Tent*, Anita Diamant speaks on ways the strengths and vulnerabilities of the female body shape a women's experience and identity, freedom and spirituality.

Presented by the Alan and Linda Cohen Center for Jewish Learning and Living at Congregation Beth-El Zedeck in partnership with The Writers' Center of Indiana, IUPUI, The Women's Studies Program of the IU School of Liberal Arts and the Ann Katz Festival of Books and Arts at the JCC.



Mon, Nov 14, 7 pm
Charles Fishman
Without preaching, Charles Fishman, author of *The Big Thirst: The Secret Life and Turbulent Future of Water*, asks us to re-evaluate our relationship with water. Though the "golden age of water" may be over, he insists we are not in a crisis...yet.

Co-sponsored by the Center for Urban Ecology at Butler University and Hoosier Environmental Council. Special thanks to our partner Friends of the White River.



Tues, Nov 15, 7 pm
Indianapolis Premiere Screening: The Little Traitor
Months before Israel becomes a state, tensions rise between the British occupiers and Jewish rebels. This engaging movie of friendship and loyalty tells the story of one boy and a British sergeant, his unlikely friend.

Sponsor: Fifth Third Bank



Wed, Nov 16, 6 pm
Tom Fields-Meyer
Following Ezra: What One Father Learned about Gumby, Otters, Autism and Love from his Extraordinary Son is a heartwarming story about acceptance and patient parenting.

Special thanks to our partner the Autism Society of Indiana.



Sat, Nov 19, 7 pm
3 Screenings: Heartland Truly Moving Pictures
The JCC and Heartland are collaborating once again for another entertaining and thought-provoking evening of film and discussion.



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A generous contribution made by Irwin Katz in memory of his wife, Ann



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Living with the addiction – The 1-3-7 Perspective

BY RABBI STEVEN M. LEAPMAN



Work with your mind & you'll be surprised how it changes the outer world.

~ Pema Chodron

One who conquers the self is greater than one who conquers a city.

~ Talmud

This involves one's perspective. Advantage or disadvantage dwells in how an attribute plays out, a circumstance unfolds, how developments dovetail or fortunes unfurl. When I initially explain Hebrew, one or two individuals will opine, "Oh, it reads backwards! It starts where it should end!" "Not to an Israeli!" I reply! As the first paragraph promised, perspective is a premise of today's reflections. How we see, hear, or think matters!

Let's start at the end of something else, something we Jews both will welcome and will happily usher on its way – *Yom Kippur* – our Day of Atonement. Nostalgia and custom embrace the day, stomachs and patience struggle in its grip. But just as the Day of Atonement draws to an end, there is a rite which garners due attention. We're often too hungry to savor its significance. But as atonement evolves from ethical skills we learn and apply, the lessons of this day, no matter how minute, are overlooked at the soul's peril. To atone is to risk being fully awake!

This particular ceremony asks us to pay attention to one specific action, quite a challenge in an era of numerous handheld electronic distractions. Judaism has its rites of mindfulness. Judaism contains more than a sprinkling of Zen, deeds which call forth *kavanah*, or intention. Just as five days *after* Yom Kippur we must literally pay attention and actively attune to the *shofar* blast, there is an arrangement at Yom Kippur's ending that can liberate us from the cycles and patterns which dull our sensibilities.

Now we come to "1-3-7." We say "*Shema*" once, then repeat "*Baruch Shem Kavod Malchuto L'olam Va'ed*" three times and finally, "*Ha-Shem Hu Ha'Eloheem*" is uttered seven times, "1-3-7." Yom Kippur has many repetitions and just as recurring sins amidst the year numb our morals, perhaps these overly recited readings may catch us unaware too. Not only can the past year's poor thinking and pale choices dull our decency, but the way in which we change can become a problem too. We must rely on God for change, not confusing the rites we undertake for the mistakes we would forsake.

Yom Kippur as a concept states, "Do not rely on your power and prowess to give life its meaning!" Yet as Yom Kippur concludes, the rites and rules by which the day ends declare, "Do not be complacent with your spirituality! Do not rely solely on what you repeat and repeat." The Source of Life itself is the object of devotion, not trappings and embellishments that drive the point home! Pay attention to more than what you say and do, pay attention to how you say and share it. There are our words and there are our ways! Pay attention! Watch your perspective.

The day ends with an overdose of pattern and repetition: This "1-3-7" is positioned at the day's end for just as a possible cure of illness is a small dose of the actual contagion, so too a possible cure for rigid and restrictive spirituality is a renewed awakening to the world, a reclamation of our senses, a restitution of the dailiness we abandoned when we stopped working, stopped eating, stopped being romantic, if only for a day, in the name of what is Holy. If we're to be truly Holy, truly resolved to do and be better, we must emerge awake and aware back into the world. "1-3-7" shocks a Yom Kippur self back into being a life-world-oriented soul!

Judaism is not for abandoning the world, but Yom Kippur is for abandoning automatic ways of mind and heart that besmirch Creation's potential. For us to continue and deepen the work of repentance, we must become adept at awareness, cultivate wakefulness, refine attention, and hone intention. This means that whenever and wherever we find ourselves captives of routine, whether in a workplace or house of worship, we stop, take a breath, seek a bigger picture, and be watchful of actions that become constrictive and addictive, lest we not only fall asleep in pews, but snore our way across our days and decades.

As a therapist I have treated addictions, a role that is also mine as rabbi. "Addiction" is an antonym for being awake, becoming aware, and for Yom Kippur, an addiction is as much an obstacle to atonement as any other sleepiness of heart or mind. It is too lazy to paint with a wide brush and decree that addiction is solely about drugs and alcohol. It is too easy to discard the meth dealer facing a prison term, or dismiss the wasted soul staggering down a street, bottle in her hand. That is the stereotype, the convenient target that both draws our attention and intensifies our denial. Addiction is equally about "how" we cope as with "what" we cope!

Addiction is a societal enigma, responding to addiction requires an assault on the premises of consumption and amusement

that dominate our thinking and dangerously delude our sensibilities. Living with addiction means we tolerate numbing patterns and processes that heal temporary anxieties, yet hinder our lives and legacies, weakening homes and heritages. To live in atonement is to be awake; to address addiction as clergy or counselor is to enable the daily work of atonement.

Atonement requires this renewed awakedness, a wakefulness ripe to and for Creation. When Yom Kippur ends we have *Havdalah* for Yom Kippur is a Sabbath and as Sabbath ends we rejoin Creation. If we are to return to the work week on Saturday night or the world after Yom Kippur, we no longer dare delude ourselves, we must be honest with ourselves, we earnestly, hungrily rely on our senses. Repentance and recovery require us to accept and encounter life on life's terms. This can be hard for a generational people, a community understandably still reeling from the horrors of decades-gone miseries readily recalled. Yet if we make yesterday the dominant center of our intentions, we forfeit all futures. To bring awareness to the present is the best method for a purposeful, purpose-filled tomorrow. We must feel today's challenges.

Danny R, a recovering heroin addict, taught me he would not take prescribed methadone for while it could help him recover, the same methadone also prevented him from fully feeling what he truly felt; a path more painful to him than remaining actively addicted.

It is by living with and enduring our most heightened senses we reclaim each new day, each new moment, each new year. We must be mentally and emotionally present. Hear what Stevie Wonder wrote and taught in his song *Superstition*: "You believe in things you don't understand and you suffer, superstition is your way." This is capricious living – it lacks *kavanah*, intention, Jewish mindfulness. If you liken wrongdoing to what the 12-Step world calls character defects, then for Jews addiction is a remaining in what was, whereas atonement and recovery are an active, conscious embrace of what is with full faculties ripe and ready. To atone, to live beyond addiction, is to exit the hamster cage wheel. And what is the perspective of the hamster's wheel – a crippling but dependable, recycling where lots of energy goes nowhere. This may have a routine, comforting regularity, with neither sense nor sensibility, neither intention nor importance. It is a false god of an empty faith, active but empty, neither vital nor vibrant.

(see Leapman, page 13)

B"H, Birthright trip with Chabad

BY ERIKA FLEISCHER

I met rabbi Yehoshua and his wife Zlata on a few occasions – at our house, at chapter meetings, at the Shabbat table, and at Passover Seders at the Chabad House. Rabbi Yehoshua led many trips on Birthright and encourages everyone to take part in it.

Traveling to Israel is one of the things we, as Jews, are told we must do, but never truly understand until we experience it first hand. I know now, because I was recently fortunate enough to travel to Israel on a Birthright trip: *Mayanot 91*. Having a strong Jewish upbringing and first cousins living in Israel, it is surprising that I had never previously traveled to my homeland.

After hearing life-changing stories from many friends who had been on a trip with Rabbi Yehoshua on Mayanot Birthright, I was more eager than ever to see what all the buzz was about when I applied for a May 2011 trip.

As soon as I stepped off the plane, my fears subsided and I felt a sense of belonging and complete comfort – regardless of how far from home I was. I found myself with 36 other Indiana University students and five from other campuses. The members of Mayanot 91 were instantly immersed into the culture of Israel, and as soon as we settled on our bus, I knew the next 10 days were going to be some of the best of my life.

As we traveled north to south and everywhere in between, all of my expectations were far surpassed. I will never forget one of our first activities, the Gilabon hike, which despite the difficulty, instantly orientated us with the land of Israel. The pictures are in my photo album and are absolutely breathtaking. Climbing Masada and floating in the Dead Sea became real life to me – not just landmarks on maps and distant history that I had heard for as long as I can remember. Although each and every stop on our trip was remarkable, there are two days that stand out that I am certain have changed my life entirely.

First was experiencing Shabbat at the Kotel. I was always told “the Western Wall this,” “the Western Wall that”, but walking into the old city on Friday evening, our trip witnessed hundreds of soldiers celebrating and dancing which instantly affected each and every one of us. At this moment, it hit home to me what was going on. All of these young people, both soldiers and Birthright participants, were simply celebrating their freedom and ability to live in our country. At that moment, regardless of how different our lives were, we were all brought together by that one common factor. As the sun began to set, the next few hours at the Kotel were certainly the most memorable of the trip.

The other day that stands out in my mind was not as uplifting, but had just as strong of an impact. On one of our last days, we toured Yad Vashem and Mount Herzl. Yad Vashem was an entirely beautiful and overwhelming experience. This Holocaust Museum was very different from the one

I had been to in Washington D.C., and connected me with my ancestry even more. Standing in the Land of Israel I immediately remembered how lucky each and every one of us was.

Mount Herzl also hit home for another reason. Thus far in our trip, we were lucky enough to have 8 amazing Israeli soldiers traveling with us. While at Mount Herzl, many of them told personal stories and I know it was here for me that I realized, despite how different our lives may be, that we are all young adults who have so much in common. Growing up in the Land of Israel, our soldiers (and all young people) are forced to grow up and mature more quickly than we in the United States. I was completely moved by the soldiers who I had grown to know so well in only a few days.

Reflecting on the impact Israel continues to have on me months after I've returned home, I can honestly say I am thankful that my first time to the land was on Mayanot Birthright. I'm thankful to the Chabad House on campus for networking with students and encouraging them to join Mayanot Birthright and offering students an opportunity to learn about their past and connect with their identity with so many friends by their side. I continue to urge my family regularly that we must travel to Israel as a family, for their sake as well as mine because I cannot wait to go back!

Fleischer is a senior at Indiana University. She urges you to support these and other programs at Chabad by contributing to: Chabad House, 518 East Seventh Street, Bloomington, IN 47408 or via PayPal: Chabad@indiana.edu. ★



Transcending the Physical

BY RABBI MITCHEL KORNSPAN



This summer passed by so quickly! Soon we shall be gathering together to usher in the New Year, 5772. Penny and I wish you and your loved ones a *K'tiva V'chatima L'tova*. May you be written and sealed in the Book of Life for a happy, healthy New Year.

During the course of this last year a congregant asked me to explain why we should not wear leather shoes on Yom Kippur. My hope is that once you have read this explanation, you will want to follow this observance.

Yom Kippur has all the restrictions of Shabbat. In addition, there are 5 *innuim*, "afflictions," which a person is also not allowed to do: eating and drinking, washing one's body, anointing oneself, wearing leather shoes, and intimate marital relations.

The most well known restriction of Yom Kippur is fasting. We do this to help us transcend our physical self. In this way we completely focus on repentance, on our prayers, and on the spiritual.

But what about the prohibition of not wearing leather shoes on Yom Kippur? The Talmud, Yoma 77a, learns this from various sources, including a reference to Isaiah 20:2. "At the same time spoke the Lord by Isaiah the son of Amoz, saying, Go and loose the sackcloth from off your loins, and take off your shoe from your foot."

The shoe reminds us of our physicality. Just as the shoe covers the lowest part of our body, allowing us to walk in this world, so too the body covers the soul, permitting it to operate in this physical world.

There are many times in the Torah where G-d wishes someone to be open to a high spiritual level and commands him to remove his shoes. When G-d spoke to Moses at the burning bush, and to Joshua, his successor, this was the case!

The same was true for the *Kohen* in the holy Temple in Jerusalem (which is emulated whenever a *Kohen duchsens*, i.e. blesses the congregation). This is also the case for each of us on Yom Kippur.

On this day, we strive to reach a higher spiritual level, ignoring the physical. We symbolize this, specifically by removing our leather shoes, because leather is made from a living creature, and symbolizes the physical body. Since we are so used to wearing shoes, especially leather ones, we are consciously creating a different environment for Yom Kippur by removing them.

LEAPMAN

(continued from page 11)

In this light, Moses may have been history's first addictions' counselor in teaching his "group" or "clients" the therapeutic lesson that one must resolve to do less to be more, one must intend to see the value of the labor, instead of valuing labor, blind but bold activity for activity sake alone. That is active addiction, not atonement. Those enslaved, whether by Pharaoh of Egypt or Pharaohs of how we think, cannot divorce themselves from duties which dull our hearts amidst what is perfunctory and unproductive. This is addiction, not atonement. We face our finitude and fears through how we think, how we speak, how we work, and how we feel.

Yom Kippur heightens anxiety. It forces meditation upon all we hoped to attain or become, all still not subdued or surpassed within. Further, there is not just *what* we feel we have not yet accomplished, but *how* we relate to these regrets and all that inspires our remorse. It is not only our thoughts and feelings in the reflection of Yom Kippur as mirror, it is how we carry or conceal what we think and feel. There is what we feel, there is how those recollections dwell in our being. There is the content of what we would heal within, then there is the process by which these speculations criss-cross our consciousness.

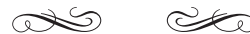
Thus, we conclude with the very rites that render Shabbat and Atonement's Day fulfilled.

Havdalah means "distinction". Do not be numb to life. Do not be asleep while alive. Discern. Mindfulness is a *mitzvah* Jews claim as *kavanah*. Do not taste grape's sweetness, savor. Do not look at candlelight, watch flames dance. Do not feel heat, approach fire's raw energy, a force for creation or destruction rendered meritorious only through what we decide. Do not sniff spices, inbibe their freshness. Do not hear candles sizzle-out in juice, listen for how passion is extinguished. To atone, to live beyond addictive thought and feeling, is to challenge what we perceive and never be complacent with how our minds operate.

Our senses allow us to navigate our lives. True religiosity is about time in this world, revelation displayed in how we

treat one another, let alone ourselves. Our sensibilities cannot remain stagnant for when Shabbat ends, we have much to do and more to become. When Yom Kippur ends, we demonstrate how our repentance is more than some annual curtsy to custom and culture. Soon we will arrive at Sukkot, a festival focused on not merely where we dwell but how! This year, let us stay attuned and invite those questions that enrich our days. If we choose otherwise, we shall have to account for what we ignored and how! *Shanah Tovah!*

Rabbi Steven M. Leapman, LMHC, LCAC is licensed as a clinical addictions and mental health counselor in the State of Indiana. He is a former US Navy / USMC chaplain who currently serves a staff therapist at Samaritan Counseling Center in South Bend, Ind. He is interested in pastoral and general counseling, bereavement and loss, interfaith relations, and creative writing. ★



IHS

(continued from page 3)

About the Indiana Historical Society

Since 1830, the Indiana Historical Society has been Indiana's Storyteller, connecting people to the past by collecting, preserving, interpreting and sharing the state's history. A private, nonprofit membership organization, IHS maintains the nation's premier research library and archives on the history of Indiana and the Old Northwest and presents a unique set of visitor exhibitions called the Indiana Experience. IHS also provides support and assistance to local museums and historical groups, publishes books and periodicals; sponsors teacher workshops; and provides youth, adult and family programming. ★

On this date in Jewish history

On September 28, 1775

The first Jewish congregation in Stockholm was founded.

~ From *The Jewish Book of Days* published by Hugh Lauter Levin Associates, Inc., New York.

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I have been caregiving for more than 15 years. I would love to assist you with your personal needs and household chores. If interested, please call Linda at 875-5490 or 353-4559.



I hope and I pray that each of us will find, during the course of Yom Kippur, that the "ground upon which we stand is holy."

Ktiva Vchatima L'tova (May you be written and sealed in the Book of Life).

Rabbi Kornspan leads Congregation B'nai Jacob in Ft. Wayne, Ind. ★

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"Music@Shaarey Tefilla" concert series begins fourth season

"Music@Shaarey Tefilla" opens its fourth season of music for small ensembles performed by some of the most outstanding musicians residing in central Indiana as well as special guest artists from outside Indiana. "Music@Shaarey Tefilla" welcomes all in central Indiana to experience music up close and casual. Under the artistic direction of Indianapolis Symphony Orchestra (ISO) Principal Violist Michael Strauss, the series presents a broad range of musical styles and collaborative musicians. A defining aspect of the series is to focus attention on the work of Jewish composers and performers. The fourth season is a three-concert series on Monday evenings at 7:30 p.m. on Oct. 24, Dec. 5 and April 2.

In addition to master works and pieces by familiar composers, such as Beethoven, Gershwin and Shostakovich, each concert on the 2011-2012 season will include works by distinguished composers interned in Terezin. These composers at Teresienstadt Concentration Camp all perished at the hands of the Nazis. Notable Jewish intellectuals, musicians and artists were sent to Teresienstadt; so many that there were enough musicians to fill two full symphony orchestras. The camp's legendary music scene was fueled by precarious conditions and the need for distraction. This drove musicians to high levels of creativity and actually formed one of the most vibrant musical schools in occupied Europe. Among these eminent composers were Hans Krasa, Pavel Haas, Viktor Ullmann, and Zikmund Schul.

The first concert on the series, Oct. 24, begins with vocal and instrumental works by featured performers tenor Steven Stolen and ISO Acting Principal Oboist Roger Roe. Concert series Artistic Director, violist Michael Strauss, has also engaged pianists Kent Cook, faculty at Illinois Wesleyan University, and Catherine Bringerud, faculty at Butler University. The repertoire includes songs by Vaughan Williams and Gershwin along with Robert Kahn's Trio for Viola, Oboe and Piano and Pavel Haas' 1939 Suite for Oboe and Piano. Haas was a composer at Teresienstadt.



Michael Strauss

Local icon inducted into Hall of Fame

The Indiana Restaurant Association has announced the selection of Jay Snyder, proprietor of Hollyhock Hill Restaurant for induction into its prestigious Hall of Fame. Selection into this esteemed group is based upon superior dedication to the hospitality industry in addition to both professional and personal accomplishments.

For more than 50 years, Snyder has worked to maintain and grow this Indianapolis dining institution, which first opened in 1928. In 1960 he began work at Hollyhock Hill as a groundskeeper and through hard work and dedication eventually became the restaurants' general manager. He and his wife Barbara have worked side-by-side as proud owners of Hollyhock Hill since 1992, resulting in continued success even during the economic uncertainty of recent years. Additionally, his civic commitment to the Indianapolis community is far reaching, not only in dollars and cents but also in time and energy. His humble personality, commitment to customer satisfaction and "never meets a stranger" attitude have made him a respected icon within the Indianapolis business landscape.

Snyder joins other notable restaurateurs like Dave Thomas (Wendy's), Charles Laughner and Harry Roth (St Elmo's) as only the 40th Hall of Fame inductee in the association's 75-year history. Snyder has been a long time board member for the Indiana Restaurant Association, widely known for his outspoken support of Hoosier hospitality industry. In 2010 he finished a two-year term as Board Chairman of the Indiana Restaurant Association.

The Indiana Restaurant Association represents over 1,600 member restaurant properties and industry-related services companies. It is these members that help make the foodservice industry the nation's largest private sector employer and one of the State's most politically active and



Jay Snyder

service oriented industries.

Hollyhock Hill Restaurant has been a tradition in "family-style" dining for over 80 years, remaining as one of the few such restaurants of its type in the United States and one of the oldest restaurants in Indiana. Consistently ranked among the top restaurants in the Midwest, Hollyhock Hill is famed for its superior "county-style" cuisine, high standards of service and unique ambiance. Hollyhock Hill is a premiere dining destination in Indianapolis, especially when celebrating special occasions. A resurgence in recent years has landed Hollyhock Hill on the cover of *Saveur Magazine* and on *Travel & Leisure's* "America's Best" list. ★

TOUR DE SHULS

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congregations' participation.

Representatives from Indiana, Purdue, DePauw, and Butler universities' Hillels attended the Tour not only to cheer on their riders, but to educate high school students on their programs as well. "IU Hillel was so thrilled to be participating in Tour de Shuls – Indy!" said Indiana University Hillel Engagement Director Lance deSilva. "When the greater community recognizes the impact and influence that Hillel holds on over 4,000 Jewish students at IU, it means a lot and validates our mission."

Once the riders were on the road for their treks, the fun continued inside the synagogue for participants of all ages who were not riding to enjoy activities to enhance their mind, body, and spirit. The children especially enjoyed the bounce house, and the bike safety sessions led by Adam Perler, of Team CFW, along with We Can! and Safety First, of IU-Riley Hospital to promote an active and healthy lifestyle. And things really got jumping as family members joined in the activities of Zumba, led by Maggie Olesiak, Yoga, led by Tracy Stoner, and Israeli dancing, led by Bob Mandresh. Rabbi Mendel Schusterman from Lubavitch of Indiana taught *shofar* and *tefillin*.

The co-chairs of this event were Dan Fox and Jay Perler. Benjy Ekhaus chaired publicity, Phil Lande secured sponsors, and Henry Leopold determined the bike routes. Bev Goldstein led registration efforts and Rob Goldstein managed the Web site (www.tourdeshulsindy.org). Dan Fogle was treasurer, Alan Atlas, Dina Nahmias, and Keith Goldstein coordinated the volunteers, and Marci Landis chaired the activities inside the synagogue including the refreshments and lunch. And countless volunteers came together to make the first Tour de Shuls – Indy a rousing success. ★



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Photos taken at The Yuval Ron Ensemble concert on World Peace Day, Sept. 21. See story in Editorial on page 2. Counterclockwise from top left: Local belly dancer Jamilla Ali; Gadi Boukai speaking on behalf of JCRC; and The Yuval Ron Ensemble.

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RENAISSANCE INDIANAPOLIS NORTH HOTEL
11925 North Meridian Street
Carmel, IN 46032
t: 317.816.0777
renaissanceindianapolis.com



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